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MARCH 2022

Q MAGAZINE



featuring:  
**JAWBREAKERS**  
this is dirty

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# q feature: DIRTY JAWBREAKERS

Jawbreakers Clean Up the Dancefloor

Their New Single, "This is Dirty," is an Ode to Social Influencers, The Cock Destroyers

By John Stein

The Aussie drag-DJ-production duo known as Jawbreakers return to the dancefloor with "This is Dirty," the second single from their soon-to-be-released 'Just A Taste' EP. The song is a camp club track that references The Cock Destroyers, two British porn stars who exploded on Twitter after a viral clip emerged of the two ladies proclaiming, "Do you know what we are? Cock destroyers, Cock f---ing destroyers," among other bizarre quotes. "Sophie Anderson and Rebecca More of The Cock Destroyers were a huge part of queer pop culture when we were coming of age," explains Jawbreakers' Sabrina Babyslut. "We were obsessed with their strong message of sex positivity and support of sex workers."

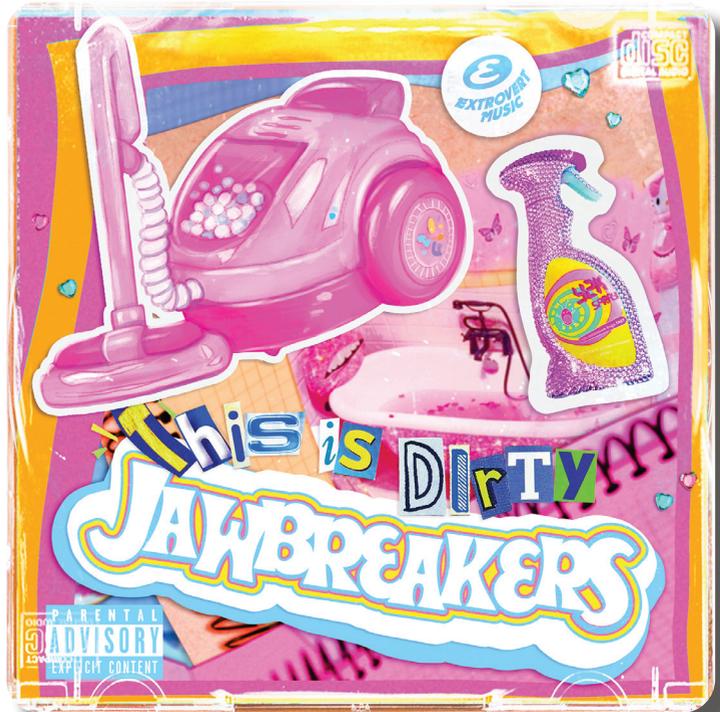
Jawbreakers met the now-split-up Cock Destroyers in 2019 at Amsterdam's Milkshake Festival. The meeting inspired them to introduce the infamous porn duo to the next generation of queer clubbers with a fanciful song that contained an underlying kink theme but was suitable for all to enjoy.

"This is Dirty" isn't just for the dancefloor, it's for all floors!" Jawbreakers' Kali Forni-Kate says from her Melbourne home. "It can be listened to on loop while on hands and knees scrubbing the kitchen floor."

In the "This is Dirty" lyric video, Kali and Sabrina are seen in sexy maid uniforms, leaning into the song's playful double meaning. "We designed and made those outfits," Sabrina continues. "Other than the fact that it was 90 degrees on the day we filmed the video, and Kali and I were in full drag in a studio with no air conditioning, we had a blast!"

Kali and Sabrina first met in 2016, performing in a Britney Spears tribute show in Melbourne. They immediately clicked as both came from similar middle-class, nuclear family backgrounds. When they learned of their shared interest in music production, they decided to join forces as DJs. They bought a mixer and six months later they were in business as Jawbreakers.

The duo has already headlined several festivals including Sydney Mardi Gras and Milkshake Festival in Netherlands. Their next big gig will be Summer Camp Festival where they will perform alongside Years and Years, Big Freedia and The Veronicas. They are also slated to perform the next Goodlife U18 event, as well as Adelaide Festival, St Kilda Festival and Melbourne Pride.



*"We have been keeping an eye on Jawbreakers for several years," says Damien Platt of Extrovert Music, a division of Vicious Recordings, the label that discovered Avicii when he was a teenager, and released his first ten records. "When Kali and Sabrina presented us with demos of the EP, we were instantly fans of the music. It's fun, its camp and its quality music."*

Jawbreakers is not Extrovert Music's first foray into gay dancefloor music. Label co-founder Andy Van, of the band Madison Avenue, had a #1 dance anthem with "Don't Call Me Baby". More recently, Sgt Slick's recut of "Gimme! Gimme! Gimme!" went gold and has become a major queer anthem. *"Extrovert Music is focusing on dance pop/disco/commercial/cross over releases," Platt continues. "A majority of our new signings and existing roster who identify as LGBTQIA+ are producing this sound."*

Along with the radio edit, Vicious Recordings has released several new remixes of "This is Dirty," including the James Alexandr piano house remix, John Course's minimal and dark cut and two tracks by LA based producer Twonski: a driving 'space disco' version and an 'acid filth' remix.

*Jawbreakers' "Just A Taste" EP is being distributed through Extrovert Music, a division of Vicious Recordings, and will be available on Apple Music and Spotify on April 1. Jawbreaker's "This is Dirty" is available now on multiple platforms as is their previous hit single, "Boyfriend;" Follow on Instagram @JawbreakersDJ*



# q delicious: AN ENDLESS SUMMER

Mörk Chocolate, Melbourne's much-loved artisanal drinking chocolate company, is keeping the flavours of summer alive with the launch of their very first release of a chilled drinking chocolate blend.



This new release Summer Edition has, like in all Mörk's drinking chocolates, a base of rich cacao and unrefined coconut sugar, here with the fresh addition of raspberries and gently perfumed with kaffir lime leaves from New Zealand. The light sweetness of the raspberries is effortlessly balanced by the zingy kaffir lime. The dark chocolate base makes for a smooth drink all the while enhancing the depth of flavours throughout. These are all familiar flavours, however when paired together like this, they create a completely new and incomparable drinking experience.

Founder and chocolate maker, Josefin Zernell, created this non-traditional chocolate flavour combination to be served over ice – the perfect drink on warm days or balmy nights. It drinks beautifully when served hot for cooler days, helping to keep the feeling of summer alive with the bright and zesty flavours of summer.

Mörk Chocolate wants you to join them in making this an endless summer – where the flavours of this season last well beyond February.

To celebrate this endless summer, Mörk is giving away free Summer Edition chilled drinks to the first 20 customers at their North Melbourne and City stores each day, from Friday 4th to the 10th of March, 2022. Make sure you get to either of their locations early, so you do not miss the Summer Edition giveaway. While you are in-store, try some of their specialty cakes, buns, and classic drinking chocolate blends.

Mörk will also be running several competitions, giveaways and special drink offers in their stores and online throughout March. Keep an eye on their Instagram page for up-to-date details. You will not want to miss any of these offerings. Mörk's new Summer Edition is released in an extremely limited batch with 125g or 250g retail drinking chocolate blends available online and in-store only. Available for retail from TODAY the 4th of March, 2022.

***For more information, please go to [www.Morkchocolate.com.au](http://www.Morkchocolate.com.au) or [www.instagram.com/morkchocolate](https://www.instagram.com/morkchocolate)***

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# q mardi gras: CSIRO - The Power to Shine

Scientists at Australia's National Science Agency, CSIRO, are sparking more than scientific discoveries, by shining a light on their commitment to diversity at this year's Sydney Gay and Lesbian Mardi Gras (SGLMG) Parade.

CSIRO LGBTQI+ staff and allies will march in the Parade, providing each individual the Power to Shine – CSIRO's Mardi Gras theme - in the Parade, the workplace and their everyday lives.

CSIRO's Pride@CSIRO Network Lead, Chris Gerbing said marching in the parade highlighted to all Australians the value CSIRO placed on its LGBTQI+ community and their contribution to building a diverse culture to drive innovation.

*"By empowering all staff to be themselves at work, we have grown an inclusive and diverse workplace culture, Chris said. Innovation happens when you bring together people with different views and experiences. We know that diversity of thought is crucial to doing impactful science and I'm looking forward to being in the parade and representing CSIRO and our incredible people."*

Last year a survey published in [Nature](#) (one of science's most esteemed research journals) showed only 40 per cent of respondents felt their employers were doing enough for diversity.

In a 2021 survey of CSIRO employees, 85% of LGBTQI+ respondents said they would recommend CSIRO as an inclusive place to work to other identifying people.



Through its Diversity and Inclusion Strategy,

CSIRO has implemented non-binary, trans and gender diverse inclusive policy improvements, leave provisions for gender affirmation, delivered diversity training to over 130 leaders within the organisation, evolved internal language to be more inclusive and updated IT and software systems to allow for personal pronoun changes and display.

These initiatives have been championed by CSIRO's Pride@CSIRO professional network and social community for LGBTQI+ identifying employees and allies, which promotes and drives the inclusion of LGBTQI+ employees by raising awareness, supporting peers, and challenging discrimination.

In recognition of its commitment to a diverse and inclusive workplace, CSIRO has been awarded Gold Status by the Australian Workplace Equality Index (AWEI) for the past two years. AWEI sets a national benchmark for LGBTQI+ inclusiveness.

Other programs that support a diverse workplace culture include CSIRO's Reconciliation Action Plan to build stronger relationships with Aboriginal and Torres Strait Islander Peoples, as well as its work with the Science in Australia Gender Equity (SAGE) and Champions of Change initiatives to improve gender equity.



# q property: PROPERTY FIT

## What you need to know about rentvesting

Australian appetite for property is stronger than ever, but the gap between house values and wages is widening at an alarming pace. Median house prices have skyrocketed to up to 16 times the median wage in Australia over the past two decades, compared to just four times the median wage in the 1980s. And that can create difficult conditions for anyone wanting to get their foot onto the property ladder.

With Melbourne's median house price now upwards of \$1 million, most potential first home buyers have two main choices. They can scrimp and save to buy a house in an area they don't really like because it's what they can afford. Or, they can think outside the box and tap into the 'rentvesting' trend.

### WHAT IS RENTVESTING?

Rentvesting is when you rent a home in the area you love so you can enjoy the lifestyle you want, while buying an investment property in a super smart investment location.

It's becoming an option for people city markets, with around 340,000 to 15 per cent of households – are

Rentvesting can stone for anyone their entry into the quickly expand portfolio. Switching and buying an before your primary make a profound wealth position over

Rentvesting investment property, tenant and potential continue renting a yourself in an area prefer to live. In fact, income you receive property, if you you may be better buying properties



increasingly popular priced out of inner-ABS figures revealing Australians – or up all private tenant rentvestors.

be a clever stepping wanting to fast-track property market or their investment the traditional order investment property residence could also difference to your time.

allows you to buy an subsidised by the tax benefits, while you better-quality property where you would because of the rental on an investment choose rentvesting, able to continue into the future.

### WHAT ARE THE BENEFITS?

While the biggest benefit of rentvesting is that it allows you to own property without sacrificing lifestyle, there are plenty of other positives as well. These include:

Expanding your horizons Rentvesting means you aren't limited to buying where you want to live, so you can look anywhere that's a solid investment – and that includes interstate.

Reaping tax rewards Rentvesting allows you to take advantage of the generous tax concessions only available to investors, such as claiming tax deductions against your investment property income,

including interest on loans, rental costs like insurance, advertising, strata fees and depreciation costs.

Getting there faster Buying an investment property in a more affordable area requires less capital – and that means you may be able to get into the investment market sooner.

Growing your wealth Because all your money won't be tied up in a huge mortgage on your primary residence, you have more capital to invest. And you can leverage your first rentvestment to buy more properties to expand your portfolio and build long-term wealth.

A Property specialist can help you navigate the ins and outs of rentvesting, including identifying your borrowing capacity, managing your living expenses and ensuring you are financially ready to build a property portfolio.

**LUKE HARRIS**

**PROPERTY**

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**GET YOUR**

**PROPERTY PORTFOLIO**

**IN SHAPE FOR**

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*Luke Harris is the author of Property Fit (Major Street Publishing \$29.95), and is the CEO of The Property Mentors, a Melbourne-based business that educates, motivates and facilitates clients from all around Australia to achieve financial freedom through property.*

*For more information visit [www.propertyfitbook.com.au](http://www.propertyfitbook.com.au)*

# q cuisine: with HOME CHEF HYLTON

## Condensed Milk

Sticky, sweet, gooey. Although I don't have much of a sweet tooth, occasionally the mood strikes me. Which is exactly why I keep a couple of cans of the stuff in my pantry, along with dark chocolate, because unlike cheese, it keeps well, and makes for a great accompaniment to a glass of red wine.

When I heard that using a can of condensed milk made for an irresistible mousse, I fiddled around and came up with some options, like my passionfruit mousse featured in a previous article. Similarly, I have fond recollections of my mother making her own Irish cream, a recipe I have tried to reverse engineer by taste.



## Rumballs

Ingredients:

- 7 Weet-Bix
- 1 cup raisins, finely chopped
- 1/3 cup rum of choice
- 2 100g blocks of Lindt Excellence dark chocolate, broken into its smaller sections
- 2 tablespoons cocoa
- 400g can condensed milk
- 1/3 cup desiccated coconut, plus more for rolling

Method:

1. The night before, place chopped raisins in small plastic container, add rum, seal and leave in refrigerator overnight.
2. The next morning, using a small food processor or bamix bowl attachment, blitz the Weet-Bix and chocolate until finely chopped.
3. Combine chocolate, Weet-Bix, raisins (including any liquid rum not soaked up), with remaining ingredients.
4. Stir well to combine all ingredients.
5. Using your hands, form small balls and roll in extra desiccated coconut.
6. Store in fridge for up to 2 weeks.



## Chocolate Mousse

### Ingredients:

- 2 100g blocks of Lindt Excellence dark chocolate
- 600mL pouring cream
- 400g can condensed milk
- Raspberries, for serving

### Method:

1. Melt the chocolate in a metal bowl over boiling water.
2. Combine the chocolate, cream and condensed milk in a large mixing bowl and with an electric mixer, beat the mixture until soft peaks form.
3. Pour into glasses and chill for a few hours before serving garnished with raspberries.

## Homemade Irish Cream

### Ingredients:

- 1 1/2 cups of whiskey\*
- 1 cup pouring cream
- 400g can condensed milk
- 3tbsp cocoa powder
- 1 shot espresso coffee (can be substituted with 1tsp instant coffee)
- 1tsp vanilla extract
- 1tsp almond extract

### Method:

1. Using a food processor or blender, combine all ingredients but the whiskey.
2. With the processor running, pour the whiskey in in a very slow, steady stream, to avoid curdling.
3. Pour into a snaplock bottle and store in the fridge for up to 2 months.

\*As I mentioned, this recipe is reverse-engineered, so can easily be modified depending on taste. I used Bushmills Irish whiskey, feel free to use something like Jameson, or even a Scotch whisky, a whiskey based liqueur like Drambuie, or anything you like. If you find the mixture too thick, you can try adding some milk to thin it out. If you like a stronger tippie, add more whiskey, and the same goes for coffee and chocolate. If you have chocolate syrup on hand, I find it makes for a richer flavour, but to avoid the need to buy too many extra ingredients, cocoa powder works in a pinch.

Enjoy!



# q equality: ORB OILS WALKING THE WALK

This Mardi Gras, ORB Oils is partnering with The Equality Project, donating 20% from all full-sized products to promote and encourage inclusivity and aim to end all forms of discrimination. The Equality Project works to connect LGBTIQ+ communities and cultivates social and cultural change through education and advocacy.

The Australian-made gender-free and multipurpose fragrance oil provides people world-wide a chemical-free option to fragrance in the home (diffuser, in bath and in wash) and on the skin. The brand strives to be universal in both its lifestyle approach and product usage.



ORB Oils does not discriminate and has five incredibly unique non-binary scent profiles. ORB is vegan-friendly, not tested on animals, gluten-free and free from additives, parabens, silicone, PEG, mineral oils, colourants, SLS, SLES, GMO and palm oil.

Running until the 6th March, donations will go directly to The Equality Project.

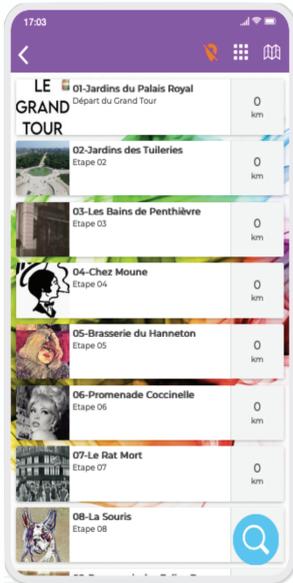
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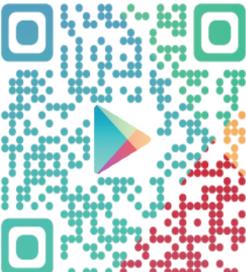
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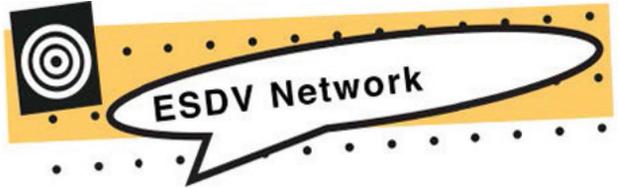
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# q community: WE'RE BETTER THAN THAT

DRAG RACE DOWN UNDER STAR MAXI SHIELD REVEALS CHILDHOOD EXPERIENCE TO ENCOURAGE OTHERS TO STAND UP AGAINST DOMESTIC VIOLENCE

Domestic Violence prevention campaign We're Better Than That has launched a second video series with two videos featuring Drag Race Down Under contestant Maxi Shield. In it, Maxi Shield reveals, "I'm actually a survivor of domestic violence as a child."



Maxi shares, "If children or young adults are living through this there are people out there, don't think that you're on your own: you can reach out to people and there is help out there, and you can survive."

The videos, funded by the Central and Eastern Sydney PHN and created in partnership with the Hope Believe Shine Foundation, and Randwick, Waverley, Woollahra and Bayside Councils, promote respect and healthy relationship strategies, and encourage men to be active bystanders when they witness behaviour that contributes to domestic violence.

Maxi's video highlights some of the unique challenges for the LGBTQA+ community when it comes to Domestic and Family Violence.

"Just like everyone else, people in the LGBTIQA+ community deserve to be supported... and know they can have a safe and happy relationship," Maxi says.

According to ACON's Say it Out Loud website, whilst LGBTQ+ people are just as likely to experience DV as the general population, they are less likely to identify and seek help for unhealthy relationship patterns.

Maxi is the sixth male influencer to join the conversation. The first series of We're Better Than That featured influencers such as My Kitchen Rules star Colin Fassnidge and Bondi lifeguard Bruce "Hoppo" Hopkins, and gained over 120k views.

The second series will also feature Neighbours star Benjamin "Benny" Turland and Paralympic swimmer and Order of Australia Medallist Matt Levy.

The videos are available to view on the We're Better Than That

**YouTube channel:** <https://www.youtube.com/channel/UCirS10WwEsUA99tWJtim2SQ>  
**and Facebook page:** <https://www.facebook.com/WereBetterThanThatAUS>

For Maxi the message is clear,

*"It takes one voice to say, 'Hold on, that's not right,' to make a change."*

*If you or someone you know is affected by domestic violence, help is available. You can call NSW DV Line on 1800 65 64 63 or the Men's Referral service on 1300 766 491.*



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# q book: BOB CHEEK IS BACK

**Bob Cheek blows the lid on business in Tasmania in his new book Nearly two decades after the former Liberal leader's jaw-dropping insider account of politics in Tasmania first set tongue's wagging,**

**Bob Cheek is back with a new book to set the record straight. This time, Bob has Tasmanian business and the fitness industry in his sights.**

Dumbbells to Diamonds (released 2 March 2022 by Hardie Grant Books) is the incredible true story of how Bob Cheek went from workout weakling to wunderkind in just eight years.

*"It took me more than forty years of hard work to become an overnight success, Bob said. This book distils everything I've learnt about business and believe me, I've done things the hard way."*

Dumbbells to Diamonds charts Bob's initial forays into the fitness industry with Hobart's Dockside Gym and Club Salamanca (apty nicknamed 'Club Silly Wanker').

*"I've been in business with great Tasmanians who taught me a lot of lessons. I tried as hard as I could to be successful, but I always felt like I didn't quite have the formula right."*

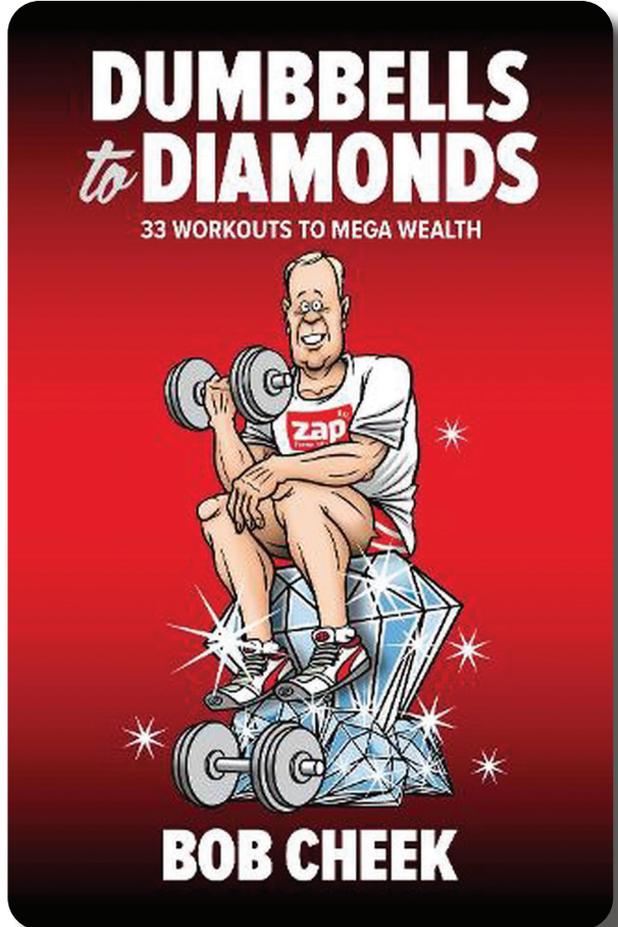
On a whim and desperate for change, in March 2008 Bob bought a ticket to the United States to see first-hand a new trend in fitness.

*"When I walked through the door of one of the first 24 hour gyms in America on the outskirts of San Diego, I knew I was on to something. But I had to act fast and draw on everything I'd learned in business to make it work in Tasmania."*

The ZAP empire was born as Bob drove his rented convertible back to LA Airport.

Eight years and 37 ZAP gyms later in Tasmania, Victoria and South Australia, Bob sold his business for more than \$50 million.

Dumbbells to Diamonds is Bob Cheek's guide to how to succeed (and fail) at business. Part memoir, part self-help manual, it gives



Hardie Grant  
BOOKS

readers the inside story on every embarrassing wrong turn as well as the many more inspired decisions that turned Bob into one of Tasmania's biggest success stories.

Like any good fitness plan, the book is divided into 33 'workouts' for the next would-be business tycoon.

*"I turned a broken business model on its head and was running some of the most profitable gyms in Australia. I didn't borrow a cent either. I built the business treadmill by treadmill, and owning nothing more than an incredible brand, made ZAP the success it is today."*

Dumbbells to Diamonds is a worthy successor to Cheeky: Confessions of a Ferret Salesman. Bob's inimitable knack for telling a great yarn is once again on display, with readers taken on a frantic workout that would put any circuit training session to shame.

Dumbbells to Diamonds was released on Wednesday, 2 March and is published by Hardie Grant Books. For more information or to buy your copy go to [www.bobcheek.com](http://www.bobcheek.com)

Drawn from more than fifty years in business, sport and politics; here's Bob Cheek's workout summary for staying business fit:

- 1 - You're never too old - it's a mind game.
- 2 - Don't get off your bike - keep pedalling.
- 3 - Be an inquisitive stickybeak.
- 4 - Reach a State of Comfortable Anxiety.
- 5 - If it was easy, everybody would be doing it.
- 6 - Be a benevolent dictator early on.
- 7 - Be an expenses bastard.
- 8 - Work harder, as well as smarter.
- 9 - Be wary of those boasting degrees.
- 10 - Don't employ anyone who wants job security.
- 11 - Don't take government handouts - be your own person.
- 12 - Profit margins are your god.
- 13 - Become a media company that sells your product.
- 14 - Only cowards lose their temper.
- 15 - Avoid business partners if you can.
- 16 - Keep business plans short (one page of dot points).
- 17 - Steer clear of PowerPoint presentations.
- 18 - There's no such thing as work/life balance.
- 19 - Avoid franchises.
- 20 - Suspect everyone and trust no-one but yourself.



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# q tour: FABULOUS DARREN HAYES

Darren Hayes, one of the greatest singer-songwriter/performers this country has ever produced, will return to Australian stages for the first time in over a decade in January/February 2023 with his 'Do You Remember?' Tour - 25 Years Of Savage Garden, Solo Hits And More!

This 6-city national tour will showcase Darren's extraordinary catalogue of smash hits, which span a remarkable four decades.

★EG[DAINTY]  
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the  
DO YOU REMEMBER?  
tour

AUSTRALIA JANUARY - FEBRUARY 2023



**CELEBRATING 25 YEARS OF SAVAGE GARDEN, SOLO HITS AND MORE!**

To celebrate this Australian tour, Darren's new single and tour namesake 'Do You Remember?' - will be released on Thursday 10th March.

Darren's 'Do You Remember?' Tour kicks off in Perth on Tuesday 31st January 2023 before touring to Melbourne, Sydney, Newcastle, Brisbane, and the Gold Coast.

## Darren Hayes 2023 Australian Tour Dates:

Tuesday 31 January - Perth, RAC Arena  
Saturday 4 February - Melbourne, Sidney Myer Music Bowl  
Tuesday 7 February - Sydney, Aware Super Theatre  
Wednesday 8 February - Newcastle, Entertainment Centre  
Saturday 11 February - Brisbane, Entertainment Centre  
Sunday 12 February - Gold Coast, Convention & Exhibition Centre

Tickets go on sale from 10am on Thursday 10th March 2022. Head to [tegdainty.com](http://tegdainty.com) for all ticketing and tour information.

*"You never know how much you love something until it's taken away from you," Darren Hayes said. "After almost a decade out of the spotlight and all this time in lockdown I found myself really missing the electric feeling that only a live audience can bring. After 25 years in the music industry, I feel like we've grown up together. To sing these songs again after all we've been through is going to feel like a family reunion. I'm beyond excited to return."*



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*We respect your culture, lifestyle and faith.*

**Just ask PEACE. We can help.**

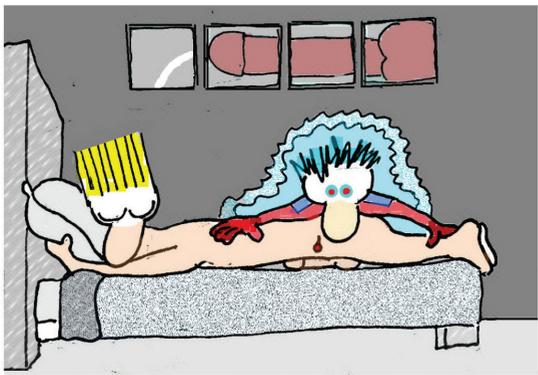


*Relationships Australia.*  
SOUTH AUSTRALIA

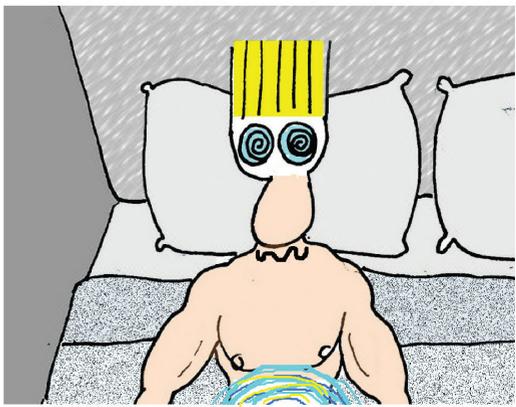
The Government of South Australia contributes funds to this program

# GAYLORD BLADE

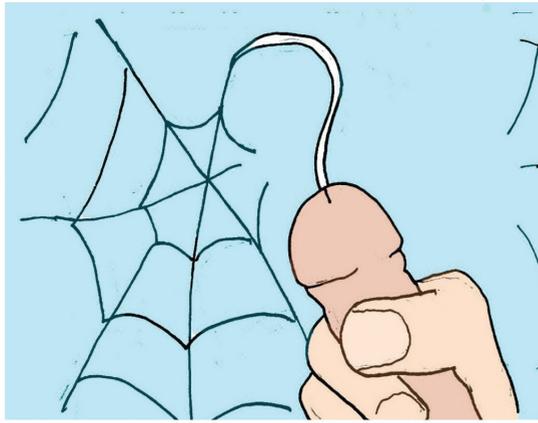
Suddenly, I am bitten by a young man in a spiderman costume who is so HOT that he's radioactive ....



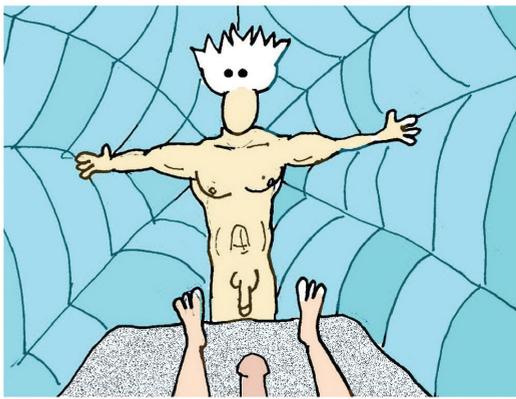
my balls begin to churn like a cyclone spinning at a zillion kilometers an hour ...



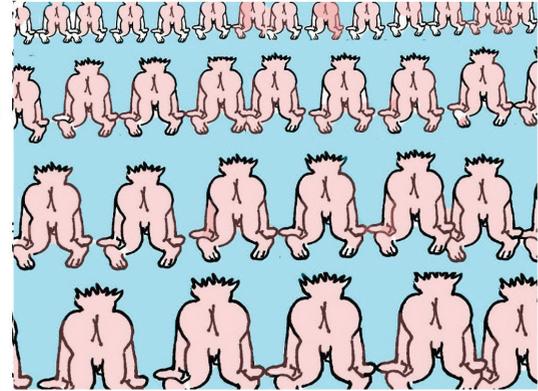
I spurt an endless stream of cum ...



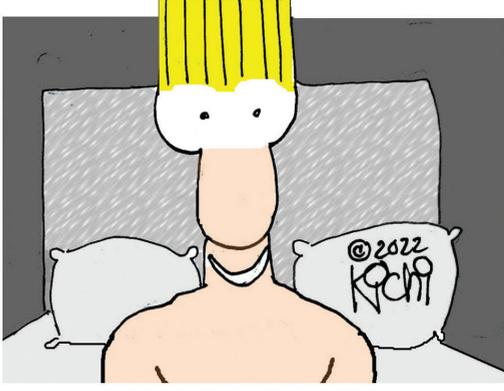
forming a web that ensnares the most muscular young men ...



until I have an entire army of willing and supple young bottoms!



That wet dream was brought to you by too much edible jalapeno lube!





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